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# AROUND LLANIDLOES

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## ALLT GOCH

A short walk of about 2.5 miles through Allt Goch wood. The going is good under foot and the climbs are Reasonable with rest benches at intervals.

START Old Market Hall, Llanidloes.

**1** From the Old Market Hall, walk along Long Bridge Street to the roundabout and turn LEFT over the bridge. Turn LEFT again along the B4518 signposted to Llyn Clwedog and, after about 200 yards, Turn RIGHT off the road at the finger post for Glyndwr's Way and the Severn Way. After going through the kissing gate, bear immediately LEFT up the hill and continue AHEAD up the hill, ignoring any paths crossing from left to right. On reaching the stile into the golf club, do not cross it, but turn RIGHT inside the fence and continue parallel to the fence, staying on the upper path until you come to the way marker for Glyndwr's Way. Follow the way marks onto the golf course and to the clubhouse.

**2** On reaching the clubhouse, bear RIGHT and leave the course through the gate and over the cattle grid and, ignoring any further way marks for Glyndwr's Way, follow the tarmac road down to its junction with the Llanidloes/Trefeglwys road. Before reaching the road, turn RIGHT along the footpath climbing up into Allt Goch wood once again, turn LEFT near the top and follow the path down through the wood to its junction with the Severn Way at the car park. Turn RIGHT along the Severn Way and, on reaching the B4518, TURN left and retrace your route through Llanidloes back to your start point.

## Allt Goch Walk



## GLYNDWR'S WAY AND THE CLYWEDOG VALLEY

A walk of approximately 6 miles, the first half along Glyndwr's Way with extensive views from Garth Hill over to Bryn y Fan and the old lead mine workings at Van, and returning along the picturesque Clywedog valley back to the market hall.

START Old Market Hall, Llanidloes.

**1** Leave the Old Market Hall along Long Bridge Street and turn LEFT at the roundabout and on over the Severn Bridge. Turn LEFT immediately along the road signposted to Llyn Clywedog and continue for about 200 yards until you reach the finger post directing you off RIGHT along Glyndwr's Way and the Severn Way. Continue along the trail through Allt Goch wood until you reach the point where Glyndwr's Way bears off to the LEFT and follow the way marks until you reach the golf clubhouse.

Turn RIGHT along the tarmac drive and over the cattle grid for about 50 yards where you will follow the marked trail to the LEFT along a drive through a farm. Walk AHEAD, up the lane and look out for the way mark post on your right indicating that Glyndwr's Way leaves the bridleway at that point, and take the stile to your LEFT. Follow the way marks down over two more stiles and, at the second of these, bear diagonally RIGHT down the field and exit via a field gate onto the road.

**2** Turn RIGHT along the road and, after about 25 yards, again pick up the way mark for Glyndwr's Way and bear LEFT over the stile. Follow the way marks down the fields over 2 further stiles, and leave the fields through the gate onto the Van road. Walk AHEAD straight over the road and along the drive towards Garth farm but don't miss the way mark taking you off the drive to your RIGHT, up through a small patch of woodland. As you follow the well-defined track along the fence line, you will see expanding views over the hamlet of Van and the old lead mines. The trail rises up to a fence with a gate and stile by a small quarry.

## Glyndwr's Way and Clywedog Valley Walk



Cross the stile and emerge into open fields through which the trail continues AHEAD as a green track, below and to the right of the top of Garth Hill. Go through the LEFT hand of the two gates ahead of you where the trail continues along a narrow lane. On exiting the lane through a gate, follow the marked trail sharp LEFT, and then sharp RIGHT when it meets the fence. Keeping the fence to your left, cross over a small footbridge next to a stile and then go through the gate next to another stile. As the trail reaches the drive to Pen y Banc farm, go over the stile to your LEFT, into the field and walk along the fence parallel to the drive until you exit over a further stile onto the tarmac road.

**3** Turn RIGHT along the road for about 250 yards, then turn LEFT towards Llyn Clywedog and, after a further 200 yards or so, turn off LEFT along the drive to Dyffryn. Walk through the farm buildings and, on reaching the 'L' shaped building in front of you, turn LEFT and leave the farm through the gate AHEAD and, after passing through a further 2 gates, reach and continue along the tarmac road. The road slopes down through Brithdir wood with the Clywedog River down to your right. After about 600 yards, the road takes a sharp hairpin turn to the left then right. About 200 yards further on, it does the same, but immediately before this second 'kink' follow the track off to your RIGHT, down the hill with a stream on your left. Continue down past some buildings to your left to the river Clywedog where, turning to your RIGHT, you cross the old iron footbridge over the river. Climb out the other side, through a gate to meet a well-established track joining you down hill from your right.



Turn LEFT along this track and, where the track bears off to the left, go through the field gate immediately AHEAD of you. Keeping the tree line to your right, continue along the top of the field, through 2 further gateways and, after crossing a small stream (sometimes dry in the summer), go through the gate into the forestry plantation. Keeping the edge of the wood to your right, follow the track until you emerge onto a grassy track and follow it with a caravan site to your left, over the river Clywedog. When the track meets a gateway to a bungalow, take the short path down to your left, over the stile, and continue down through an old kissing gate, over a small footbridge and climb up the field to the stone track along the forestry fence line. Turn left along this track and follow it through a gate until it meets the tarmac road, which you follow back down into Llanidloes, crossing the bridge over the Severn and back to your start point.

## DYLIFE, TWYMYN VALLEY AND PENTRE CILCWM

A very scenic and, in parts, spectacular walk along the side of and then climbing out of, a glaciated valley having SSSI designation. The walk is about 6 miles long and very steep at one point as you climb out of the head of the valley. The views are impressive and include streams cascading down the steep valley sides.

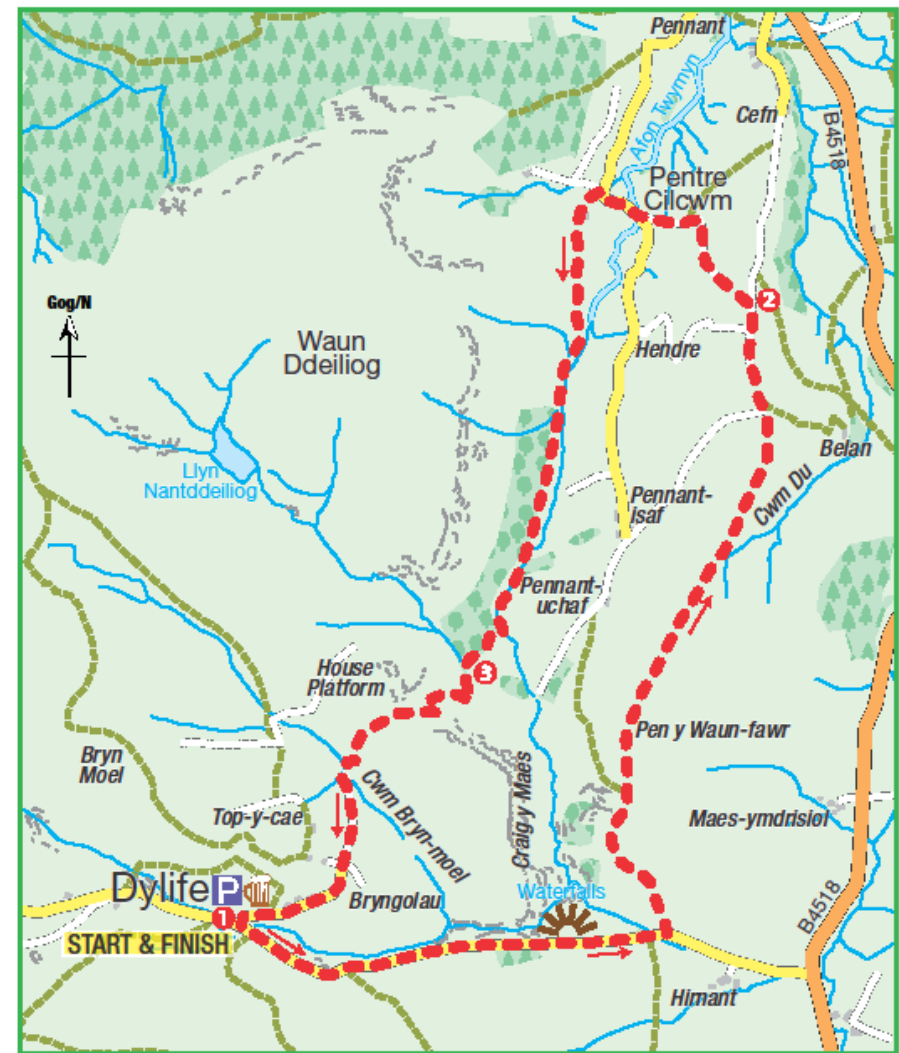
START Roadside parking below the Star Inn at Dylife (GR 861940)

DIRECTIONS From Llanidloes, take the B4518, signposted for Llyn Clywedog and Staylitle. Stay on the road for about 8 miles until you reach Staylitle and then continue for a further 1.75 miles or so before turning LEFT for Dylife. After about half a mile you will pass a finger post on your right (to which you will return) and then a viewpoint, also on your right. About three quarters of a mile past the viewpoint you will note the remains of old mine workings on your right. Turn RIGHT just past the workings and park on some of the open ground at the side of the road.

**1** Walk back down the road, and pause at the viewpoint where there is an information board and excellent views down the valley. Continue down the road and turn LEFT at the finger post. The track is well defined and climbs initially, before following the ridgeline alongside the valley. You will pass through 4 gates as you slowly descend with magnificent views of the valley and Afon Twymwn to your left. Near the head of the valley, on the opposite side, you may note a cluster of tepee type dwellings. (This is a site used for much of the year by groups wishing to experience alternative lifestyles and you will pass through the settlement later as you approach the climb out of the valley.) Continue on to the point where a track drops down the hill to your left and pause.

**2** At this point look across the valley and to your right to the farm, Cilcwm Fawr, below you. To avoid confusion later, you should note the fence on the hillside along the back of the farm, along which the path goes rather than going through the farm itself. Descend along the track dropping down to your LEFT to its link with the tarmac drive. Follow the drive towards Cilcwm Fawr and, just before the drive bears left in front of the farmhouse, look out for and follow the footpath signs taking you RIGHT, through a concrete yard and then bear LEFT along the fence as it climbs the hill along the fence behind the buildings. The path passes through a gate before dropping down to your LEFT to the river. Turn RIGHT alongside the river, keeping it to your left, and follow the path along the bottom of the ridge. On meeting a fence on your left, do not go through the gate into the field but continue AHEAD, keeping the fence line on your left for about 400 yards. On reaching the next gate on your left, go through it and walk diagonally right down the bank towards the gate and stile by the river. Cross the stile here, keeping the river on your left and, 100 yards or so farther on cross the river. Keep the river to your right now for about 200 yards until it bends sharply left. At this point, cross the river again, passing through the field gate on the far side and walking diagonally RIGHT towards the settlement.

**3** Look out for the way marks and follow them LEFT, up the hill and follow the track as it zigzags its way out of the head of the valley. This section is very steep and you should take advantage of many pauses to admire the view. At the top follow the path as it bears diagonally right to the stile.



Climb over the stile into the field and continue AHEAD, keeping the fence line on your right, and follow the fence down to the small river, Nant Bryn Moel, along which you turn LEFT to the bridge. Cross the bridge and go through the gate, following the well-defined track up the slope and through the gate into the field where you continue AHEAD and then go through the gate and onto the tarmac drive by the house. Follow the drive and bear RIGHT at the fork to the Star Inn. You may, of course pause here for refreshment but, no doubt, the more hardy souls will continue the 200 yards or so back to their vehicles at the start point.