

Sample Lunch Menu

Chilled Fruit Juices - Orange, Apple, Grapefruit, Tomato or Pineapple
Marinated Red Onion, Buffalo Mozzarella & Vine Tomato Salad with Pesto
Baked Courgette, Tomato and Aubergine in Mornay Sauce
Prawn Cocktail in Spiced Marie Rose Sauce
Cream of Carrot and Sweet Potato Soup
Beef Consommé with Sherry

Braised Lamb Shank, Macedoine of Root Vegetables on Puy Lentils and Rosemary Jus
Baked Fillet of Pollock with Lemon & Parsley Crust on Tomato & Sweet Pepper Ragout
Baked Onion, Cheese and Lentil Loaf with Vine Tomato and Goat's Cheese
Cold Meat or Seafood Platter
A Choice of Omelettes - Plain, Ham or Cheese

All Served with a Selection of Seasonal Vegetables or Salad

Fresh Pear and Chocolate Tart with Vanilla Ice Cream
Tropical Fruit Medley
Mixed Berry Soufflé
Fresh Fruit from the Basket
Various Deluxe Ice Creams, Sorbets or Yoghurt
Selection of Welsh and Continental Cheese with Biscuits

Selection of Teas or Fresh Coffee Served in the Lounges
From £2.20 per person